

Head Injury Notification Form



WYMONDHAM COMMUNITY RUGBY TRUST

Head Injury Notification Form

To the parent/guardian of	
Date	

This is to notify you that your child received a blow to the head during rugby training/match.

He/She received First Aid but did not require hospital treatment at the time.

If your child shows any of the following symptoms or signs please follow the procedure outlined below.

Symptoms

- Mild generalised headache,
- Tiredness and/or sleepiness,
- Dizziness or loss of balance,
- Nausea or sickness,
- Blurred Vision,
- Deteriorating levels of response when spoken to.

Signs

- Excessive tiredness/sleepiness/drowsiness,
- Pulse more rapid than usual or it slows down but remains strong (signs of a compression injury). IMMEDIATE admission to hospital is required,
- Breathing becomes noisier,
- Pupils in the eye not equal (IMMEDIATE admission to hospital is required),
- Rising temperature,
- Noticeable change in personality,
- Any types of paralysis or weakness down one side of body or face.

Procedure

If the symptoms and signs above are present, the medical services need to check the casualty for concussion and/or a compression injury.

If the same day as the injury occurred refer to Accident and Emergency.

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If the symptoms/signs occur days after the injury occurred refer to your Doctor. Explain urgency and request an immediate consultation. The Doctor will complete referral slips and X ray forms. Go straight to A&E with the forms. You will bypass Triage and go straight to X ray.

If outside surgery hours, the GP on the call centre will advise as required.

If your child has been referred for medical assessment and treatment in hospital, please ensure the Lead Coach is informed of the diagnosis.

NOTE :- The player cannot return to train or play rugby without evidence of a certificate of fitness to play from a doctor if a concussion and/or compression injury is diagnosed. Under RFU Rules the player should not play for a minimum of three (3) weeks from the date of the injury.

Wyndham Community Rugby Trust adheres to the RFU 'Graduated Return to Play' policy as denoted below: -

http://www.englandrugby.com/mm/Document/MyRugby/Headcase/01/30/49/57/returntoplayafterconcussion_Neutral.pdf